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Ms. Roher

4<sup>th</sup> Block/Health

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### Intro Essay

I am most interested in learning more about CPR and First Aid. I am a Boy Scout and already have experience in these things but would like to expand on that and learn more about those topics. I also have taken the Lifesaving merit badge too, so I also have experience with first aid in the water and on land. I always feel that First and CPR are very important skills to know because at anytime and at any place somebody could have a problem and if you know these skills, you could possibly help save somebody's life.

I feel the reason that the state requires health class is because they want to spread the knowledge of lifesaving skills. Like I said before, knowing these skills can be very beneficial in the long run and can even help save somebody's life if something wrong were to happen at a random time/place. I will make sure to do my homework on time; I know I struggled a bit with that in middle school. I will also make sure that I am ready for any assessment that I am assigned to complete.