

# Anatomic Splints (leg)



1. Gain Consent
2. Move **uninjured** leg next to injured leg
3. Check for feeling in toes of injured leg
4. Place 3 strips of cloth under legs
  - a. Above knee
  - b. Below knee
  - c. Above ankles
5. Tie snugly (never tie on top of the injury itself)
6. Recheck for feeling

# Soft Splints (ankle)



1. Gain consent
2. Wrap soft object (such as a towel) around injured ankle
  - a. You can ask the victim to hold the towel in place
  - b. Be sure it is running parallel to the bones
3. Check for feeling in toes of injured ankle
4. Tie a strip of cloth around top of towel
5. Use another strip to tie a "figure 8" starting at arch of foot
6. Use last strip of cloth to tie securely around ankle

7. Recheck for feeling in toes

## Rigid Splints (forearm)



1. Gain consent
2. Place a rigid object (like a board or folded magazine) under the injury
  - a. Ask victim to sit with knees bent & place board on their knees
3. Place an object like a sock, small ball, etc under the hand to allow for a more natural placement
4. Check for feeling in fingers
5. Wrap 2 strips of cloth above & below the injury & tie securely
6. Recheck for feeling in fingers