## **Cancer Review Questions**

- A benign tumor is noncancerous and is surrounded by membranes that prevent them from spreading and can be dangerous if they interfere with normal function of organs. A malignant tumor is cancerous and can spread through the blood to other parts of the body, and as it spreads it divides and forms new tumors.
- The abnormal cells in our body only develop into cancer when the immune system becomes weakened and when the number of cancerous cells becomes overwhelming.
  - **3.** The four top risk factors for developing cancers include tobacco use, sexually transmitted infections, diet, and radiation.
- 4. Other risk factors of lung cancer include exposure to second-hand smoking, previous radiation therapy, exposure to radon gas, exposure to asbestos and other carcinogens, and family history of lung cancer.
  - 5. Choosing a diet high in fat and fiber can help reduce your risk of cancer.
  - 6. The 5 treatment options for cancer include surgery, radiation therapy, chemotherapy, immunotherapy, and hormone therapy.
  - In reality a tan is not the greatest thing because it actually is the body's response to being injured by ultraviolet rays.

8. C: change in bowel habits (loose or constipated)
A: a sore that does not heal
U: unusual bleeding or discharge from body
T: thickening or a lump in breast or elsewhere (see a Dr.!)
I: indigestion or difficulty swallowing (persistent)
O: obvious change in a wart or mole
N: nagging cough or hoarseness of throat